

Student Food Insecurity

51% of all UC San Diego undergraduate students experience food insecurity * which is linked to decreased academic success and challenges with mental health and wellbeing

How Faculty & Staff Can Help:

Add resources to your course Canvas page, course syllabus, and class slides

Download slide at collectiveimpact.ucsd.edu/resources



CalFresh: Food Support UC San Diego

If you're skipping or stretching meals, or having difficulties accessing food, visit the Basic Needs Center. They can connect you to food resources – including CalFresh.

CalFresh, California's Supplemental Nutrition Assistance Program, can provide up to \$292 a month for groceries. CalFresh application and recertification help is available to students!

Scan the QR Code to apply for CalFresh or visit basicneeds.ucsd.edu and follow their Instagram @ucsdbasicneeds to discover other food and support resources.

Have trouble applying to CalFresh? Visit the Hub Basic Needs Center website for more assistance and to re-apply






Post resource information in course announcements or discussion boards

Tell your students they may qualify for up to \$292 a month for groceries with CalFresh!

Check if your program is an approved Local Program that Increases Employability (LPIE)



Food Assistance Resources

Resource	Services
	Free food, including fresh produce. Weekly points system.
	Free food distributions weekly. Reduce food waste!
	\$50-200 e-gift cards per month, application process.
	Short-term emergency food funds, application process.
	Up to \$292 a month for groceries.

For more information, please contact:

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Visit basicneeds.ucsd.edu or @ucsdbasicneeds on Instagram to find resources



*Based on 2024 UCUES data